

# PAWSITIVE MATCH RESCUE

## Baby It's Cold Outside!

AKA How to prevent you and your dog from going crazy during our long, cold winter months

cabin fever.

Some dogs (ie. Huskies and Alaskan Malamutes) love snow and could spend the entire winter outside running and playing. Some dogs (ie. Our sweet southern friends) aren't quite so ecstatic about the drop in temperature.



While some days it's easy enough to bundle

yourself and your pup up and brave the chill, other days are downright dangerous to attempt to venture outside. So what's a dog to do to burn off the extra energy!?

- 1) Play inside! There are lots of fun games to play indoors that will burn energy like fetch, tug, hide and seek, etc.
- 2) Run through some training! Dogs don't just need physical exercise but mental exercise as well. These can be short training sessions spread throughout the day and will effectively tucker your pup out just as well as physical exercise.
- 3) See if you can find an indoor playgroup for your pup! Meet new friends while staying warm.
- 4) If it's financially feasible and something your pup might enjoy, consider even a half day of daycare where they can run and make new buddies.
- 5) Take your pet for a car ride while you run errands. While we never recommend leaving your pup in the vehicle alone, if you're able to go with a friend or family member who can wait in the vehicle with them, this is a great way to beat



- 6) Sign up for an indoor class such as agility or flyball.
- 7) Try feeding your dog with a puzzle toy or through scavenging so they need to work for their food. This will keep them entertained and work their brains!

## Dog Winter Safety Tips

- 1) Try the previous tips for exercising your dog inside where it is warm.
- 2) If your dog insists on continuing their regular walks, try to take shorter walks during the warmer parts of the day.
- 3) Invest in a pair of booties to protect those precious paws from salt, frozen snow between toes and other potential chemicals outside.
- 4) Since it takes more energy to stay warm, your dog may require more to eat during the cold months. Monitor your dog's activity level and weight and talk to your vet to see if you should add a little more to their diet.
- 5) Wipe down your pup's paws, legs and belly after a walk to remove any salt or chemicals that they could ingest when they lick themselves.
- 6) Antifreeze can taste sweet to animals but is poisonous! Make sure to keep it out of reach and wipe up all spills immediately. If you catch your dog ingesting antifreeze or if your pup begins to act drunk, take them to the vet right away.
- 7) Be extra vigilant to keep your pet from escaping as even a short amount of time lost outside in frigid temperatures is dangerous. Make sure your pet always has a collar with your contact information as well as a microchip and/or tattoo so you can be reunited when your pet is found.
- 8) Make sure your pup has a warm, non-drafty place to snuggle up at home, but please don't use heating pads as they can easily overheat the dog or burn them.
- 9) Consider opening your home to a foster pup who hasn't found a safe and warm home of their own yet.



Our goal for 2014 is to achieve \$2000 in monthly donations.

Your donation goes directly to the rescue and care of our dogs, and you will receive a tax receipt!

Even something as "little" as \$5 or \$10 a month adds up quickly when multiplied by the number of supporters PMRF is fortunate to have!

You can subscribe to donate monthly through our [website](#).



# ADOPTED IN NOVEMBER



Dashing  
 Victor2  
 Finley  
 Zibanna  
 Luca  
 Nellie  
 Tilly  
 Robbie  
 Bugambilio(Rocket)

Tiny  
 Riley  
 TJ

George  
 Ash  
 Rebel  
 Quentin



Becks  
 Draper  
 Bailey  
 Hansel  
 Mindy  
 Peter  
 JR  
 Polo  
 Angel  
 Cid

Chico  
 Charlie  
 Socks  
 Waldo  
 Cheese  
 Talula



Molly  
 Cera/Crackers  
 Sasha  
 Sadie  
 Simon  
 Whiplash

## INTERVIEW WITH A VOLUNTEER VICK AMARAJ

I started off at rescue as a Cambrian volunteer just over two years ago and honestly, it was one of the best decisions I have taken in my life. I wanted to be actively involved in taking care of those animals that perhaps couldn't help themselves without a little push, added with tons of love and attention. I was initially intimidated by the large number of dogs that came in, along with the list of shift duties that I just could not keep a track of off-hand, but that diminished quickly with the help of the awesome volunteers I got to work with! It can be a bit frustrating at times, but I know that nothing ever goes to waste as I watch each and every volunteer take the time out to dedicate to helping the rescue – regardless of how big or small the role, it certainly makes a big difference in the lives of those dogs. It is definitely worth being a small part of the dog's journey from an unknown background to finally finding peace and happiness, in the warmth and comfort of a forever home.



**Sherry Engel**

*Foster Applications Processor*

I started volunteering with Pawsitive Match in 2011 => It started with walking the dogs at Cambrian to what I now have done for a couple of years which is process foster applications—which I may add on many occasions has turned into “Foster Failures” and the dogs have found their forever homes.

It’s also the year my life changed and my view of dogs in need turned me into the crazy dog lady my friends now think I am =>



can not begin to tell you how volunteering has changed my life and how it has introduced me to so many fantastic, loving people who want to help dogs in need. How many of them give up so much of their own personal time to achieve the impossible and seriously perform miracles for these forgotten, discarded souls.

As heartbreaking as it may be at times, the rewards far outweigh the tears.

What you give... you receive ten fold when you look into the face of an animal whose life you have just saved...I am VERY proud to be a part the love and magic and I thank you for the nomination <3

and then going to the kennels and spending some time with the dogs, followed by feeding/cleaning their kennels and than finally taking them for a nice nature walk. On our walks I



**Nicky Van Minnen**

*Cambrian Volunteer*

I started volunteering for Cambrian this year, I love working with animals so I thought this would be a great opportunity. My evening starts with me coming in, putting my stuff away,

spend some extra times with dogs as well, playing with them, rubbing their bellies or just a simple pet. What I like about volunteering: the joy of coming in and taking care of dogs and making sure that they are well looked after, and having the feeling that I did a good deed for the day:)

There is no  
 psychiatrist  
 in the world  
 like a puppy  
 licking your face.

-Ben Williams

A PEANUT A DAY KEEPS THE BLUES AWAY...



Peanut is a four year old boxer/pointer mix. She weighs in at 70lbs and is just over knee height.

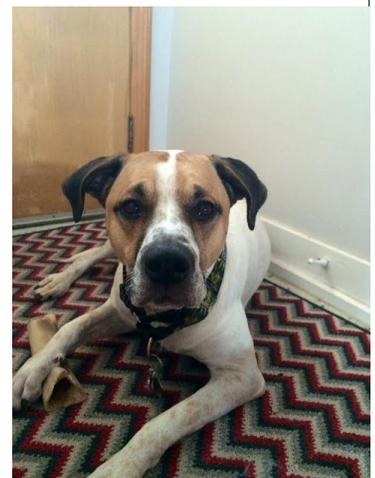
Peanut is a perfect family dog! She is housetrained

and crate trained— although some nights she would rather sleep on her Kirkland bed. Peanut

was under socialized in her youth so she is clueless when it comes to interacting with other dogs. This results in some awkward, vocal attempts at playing and rude leash manners. We usually avoid dogs on our walks by crossing the street, as Peanut is easily corrected and distracted.

Peanut’s favourite pastime is chasing her tail, although she is now learning how much fun a real toy can be!

If allowed, Peanut would love to be someone’s oversized lap dog and cuddle buddy. She is a goofy, loving girl who is great with children!





Puppy Classes, Group Classes  
Private Training, Aggression  
Fears, Rescue, Mentorship

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This article is continued from October's article. [Check it out here!](#)

## "CREATE CHANGE"

**Compromise:** The essence of relationships is compromise. Is there a way to create a compromise with your dog for this particular behaviour? Maybe, for example your dog can dig in one corner of your garden.

**Remove:** The dog, yourself, social opportunity, the reward or any other environmental reinforcer.

**Emotional Association:** Change your dog's emotional association to trigger by pairing it with high value reinforcers (ball, food, play etc.).

**Acclimate:** Desensitize your dog to the trigger by introducing it in gradually increasing intensities. This is almost always paired with changing emotional associations

**Train Incompatible Behaviour:** Your dog cannot be resting on a mat and counter surfing or barking at the front door at the same time. Train an incompatible behaviour and reinforce your dog for it heavily.

**Eliminate Trigger:** Close the blinds so your dog can't bark at passersby. Walk in the wee hours of the morning or late at night to avoid "scary things". Crate your dog when strangers come over to avoid barking or jumping at the front door.

**CHANGE** – Distance from trigger

**CHANGE** – Duration of exposure to trigger or duration of training session or duration of walk etc.

**CHANGE** – Distractions

**CHANGE** - Degree of Difficulty of the exercise. Set the learner up for success. If you are seeing signs of stress in your dog, the exercise is likely TOO HARD. Imagine learning math at a PhD level? How frustrating and de-motivating would that be?

If you have any questions about the science of corrections or about Creating Change with your dog, feel free to get in touch!



## HOW YOU CAN HELP!

- **Foster!** Without foster homes, we cannot save dogs. Fostering is an incredibly rewarding experience, and all supplies and expenses are covered by Pawsitive Match.
- **Donate!** (monthly or one time donations) Any amount helps to cover the soaring costs of rescuing.
- **Volunteer!** We are always looking for volunteers to join our team and have many different positions, each with varying time requirements.
- **Transport!** Let us know when/where you're going on vacation, you may be able to escort dogs back and save their lives!
- Consider Pawsitive Match as a memorial gift in memory of someone, or as a gift in honour of someone and a special event in their lives (ie. Birthday, graduation)
- Donate supplies to our holding facility (bleach, paper towels, etc. Please contact [pawsitivecambrian@gmail.com](mailto:pawsitivecambrian@gmail.com) for the current needs)

Thank you so much for your support. Without you, we cannot continue saving the lives of our furry friends.

## HAPPY TAILS—CASSIE, NONA AND YOGI

### CASSIE

After seeing Cassie's picture on the Pawsitive Match website we knew we had to meet her.



Our Cassie started off nervous and anxious in her new home, however with the help of her little brother Chewy she has quickly become an outgoing member of the family! Cassie now enjoys having visitors and is more than willing to

run up to anyone who enters the house with a wagging tail and wiggling bum. We are amazed how much Cassie has grown in her short time with us. She absolutely loves to cuddle and has such a calming effect on all of us. She has also overcome her car sickness and responds with excitement to the phase "car ride" as she has learned it usually means she gets to go for a hike/swim or over to Grandma and Grandpa's for a visit (which are her favorite things to do).

We are amazed at how gentle she is with dogs a quarter her size. She loves when they chase her and is always careful not to step on them.

She will even lay on her back and allow them to crawl all over her. Cassie's days are now filled with constant play and cuddles.

We are so grateful to have Cassie in our lives as she has really completed our little family! We know she wouldn't be the dog she is today without the help of her foster parents through Pawsitive Match. We are forever indebted for the hard work and excellent care they provided for her before she found her forever home with us.

### NONA

Nona is doing really well!. I kept her name....nothing else seemed to fit and its an homage to where she came from.

She is the sweetest thing. I think she is part blood hound part jack rabbit! Her nose takes her everywhere and she can hop! She is very cuddly and calm...and yet goes nuts for the chuck-it!). She is wonderful!!



### YOGI

Yogi is doing great. We kept his name and he is learning English very well. He is a sweet dog and joined our family. He goes on walks in an off



leash area and gets along with all the other dogs. He runs and plays and comes back to me mainly for cookies. We took a road trip to Vancouver Island with our trailer for two weeks. He is a really good traveller and loved running on the beach at Parksville with our son's dog, his big buddy Dex.

He does appear to be afraid of sticks or anybody with a cane. He is also afraid of bicycles and strollers. He had his teeth cleaned and our vet says he is in good shape.

We look forward to spending the summer with him camping.